

Calostyle D3 Sachet

Information for the Use

Cholecalciferol 60,000 IU Sachet

Composition:

Each sachet contains:

- Cholecalciferol (Vitamin D3): 60,000 IU
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Description:

Cholecalciferol (Vitamin D3) is an essential fat-soluble vitamin that plays a critical role in calcium and phosphorus metabolism. It helps in the absorption of calcium from the gut, promotes bone health, and supports overall immune function. A deficiency in Vitamin D3 can lead to conditions such as osteoporosis, rickets, or osteomalacia.

Indications:

Cholecalciferol 60,000 IU Sachet is indicated for:

- Vitamin D3 deficiency
 - Osteoporosis prevention and management
 - Rickets or osteomalacia treatment
 - Hypocalcemia (low blood calcium levels)
 - As a supplement for individuals with limited sunlight exposure or inadequate dietary intake of Vitamin D
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Dosage and Administration:

- Adults:

- 1 sachet (60,000 IU) once weekly or as directed by a healthcare provider.
- The treatment duration depends on the severity of Vitamin D deficiency and medical advice.
- Children:
 - Use under medical supervision. Dosage may vary based on the child's age and condition.
- Pregnant and Lactating Women:
 - Consult a healthcare provider for an appropriate dosage.

Directions for Use:

- Open the sachet and dissolve its contents in a glass of water, milk, or juice.
 - Consume immediately after mixing.
 - Take after meals for better absorption.
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Contraindications:

- Hypersensitivity to Cholecalciferol or any component of the sachet.
 - Hypercalcemia (elevated calcium levels in the blood).
 - Hypervitaminosis D (excess Vitamin D levels).
 - Severe kidney impairment or kidney stones.
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Precautions:

- Hypercalcemia: Regular monitoring of blood calcium levels is recommended to avoid complications.
- Kidney Disorders: Use with caution in patients with a history of kidney stones or chronic kidney disease.

- **Pregnancy and Lactation: Consult a doctor before use, as excessive Vitamin D3 levels may harm the baby.**
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Possible Side Effects:

Common side effects:

- Nausea or vomiting
- Constipation or diarrhea
- Abdominal discomfort

Rare but serious side effects:

- **Hypercalcemia:** Symptoms may include confusion, increased thirst, frequent urination, and irregular heartbeat.
- **Allergic reactions:** Rash, itching, or difficulty breathing.

If you experience severe side effects, seek medical attention immediately.

Drug Interactions:

- **Calcium supplements:** May increase the risk of hypercalcemia if used excessively.
 - **Thiazide diuretics:** May increase the risk of high blood calcium levels.
 - **Antacids containing aluminum or magnesium:** Prolonged use with Vitamin D3 may increase aluminum levels, especially in kidney disease patients.
 - **Corticosteroids:** May reduce the effectiveness of Vitamin D.
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Storage:

- Store below 25°C (77°F) in a cool, dry place, away from direct sunlight.
 - Keep out of reach of children.
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Special Instructions:

- Follow your healthcare provider's dosage instructions.
 - Do not take more than the prescribed dose, as excessive Vitamin D3 can lead to toxicity.
 - Maintain a balanced diet rich in calcium for optimal benefits.
 - Regular monitoring of calcium, phosphate, and Vitamin D levels is recommended during prolonged use.
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Note: This product is a dietary supplement and should be used under the guidance of a healthcare professional. Always consult your doctor for any concerns or questions regarding the use of Cholecalciferol 60,000 IU Sachet.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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